

## Indiana School for the Blind and Visually Impaired

February 28, 2022 – March 4, 2022

### MS/HS Menu

#### Monday Breakfast

Cereal or Bagel and Cream Cheese, Yogurt or Cheese Stick, Fresh Fruit, Juice, Milk

#### Monday Lunch

Chicken Tenders or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Celery, Baked Beans, Assorted Fruit, Mac and Cheese, Milk

#### Monday Dinner

Loaded Baked Potato, Broccoli, Fresh Fruit, Baker's Choice, Milk

#### Tuesday Breakfast

Cereal or Breakfast Bun, Cheese Stick or Yogurt, Fresh Fruit, Juice, Milk

#### Tuesday Lunch

Cheesy Chicken Alfredo or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Peas, Assorted Fruit, Garlic Bread, Milk

#### Tuesday Dinner

Chicken Fajitas, Vegetable, Fresh Fruit, Baker's Choice, Milk

#### Wednesday Breakfast

Cereal or French Toast, Sausage, Fresh Fruit, Juice, Milk

#### Wednesday Lunch

Bosco Sticks/Marinara or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Cheesy Broccoli, Side Salad/Cherry Tomatoes, Assorted Fruit, Wednesday Snack, Milk

#### Wednesday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

#### Thursday Breakfast

Cereal or Chicken Sliders, Yogurt or Cheese Stick, Fresh Fruit, Juice, Milk

#### Thursday Lunch

Soft Tacos or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Southwest Black Beans, Spanish Rice, Assorted Fruit, Milk

#### Thursday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

#### Friday Breakfast

Cereal or Donuts, Cheesy Scrambled Eggs, Cheese Stick or Yogurt, Fresh Fruit, Juice, Milk

#### Friday Lunch

Breakfast for Lunch or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Hashbrown, Raw Veggies/Dip, Assorted Fruit, Friday Fun Treat, Milk

#### Sunday Dinner (In Dorms)

Personal Pizza, Carrot Sticks/Dip, Fruit Cocktail, Cookie, Milk

**\*\*\*Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**